

UNSAFE DRIVING BEHAVIORS

Encourage our youth to make safe choices!

AMONG OKLAHOMA PUBLIC HIGH SCHOOL STUDENTS IN 2017:

7% Rarely or never wore a seat belt¹



Rode with a driver who had been drinking alcohol²

5% Drove when drinking alcohol²

43%

Texted or emailed while driving²

 12th graders (61%) were more likely than 10th (33%) and 9th graders (11%) to have texted or emailed while driving



FOR MORE INFORMATION CONTACT:

Maternal and Child Health Assessment Division 405.271.6761 yrbs.health.ok.gov

Injury Prevention Service 405.271.3430 ips.health.ok.gov



WHAT CAN YOU DO TO HELP? 3



FOR PEDIATRICIANS

- Educate parents and teens about the dangers of teen driving and steps they can take to reduce the risks.
- Remind parents that they need to lead by example. If parents talk on the phone, text, speed, or drive without their seat belt, so might their teen.



FOR PARENTS

- Discuss your rules of the road with your teen, why they are important to follow, and consequences for breaking them.
- Create a Parent-Teen Driving Agreement that puts these rules in writing to set clear expectations and limits.



- 1. When riding in a car driven by someone else
- 2. During the 30 days before the survey
- Centers for Disease Control and Prevention, National Center for Injury
 Prevention and Control. Parents are the Key to Safe Teen Drivers.
 Available for download at

https://www.cdc.gov/parentsarethekey/index.html

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